

Jason Martin and Greg Rothauser 09/23/21

## Operationalizing FAIR at a Healthcare Insurer and Provider





HIGHMARK. HEALTH

## 



#### **Jason Martin**

IT/IS Manager Vulnerability & IT Asset Mgmt



#### **Greg Rothauser**

Senior Information Risk Consultant Governance, Risk, & Compliance



jason.martin@highmarkhealth.org

Contacts

icts

gregory.rothauser@highmarkhealth.org

#### **The Road Less Traveled**

Using FAIR as the vehicle to improve on our ability to measure and manage risk for the enterprise

GOAL

## The Case for Change...

Not Rational, or Measurable: Your Medium = My Medium?

We all bring biases to heat maps

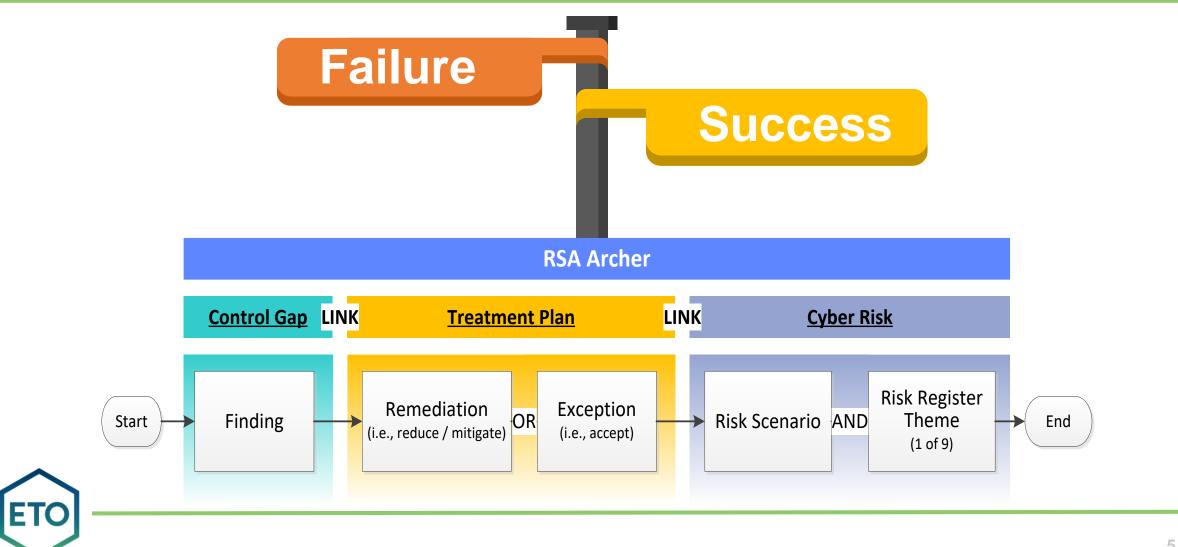
						nts. Terminology is						4	+
				a m	ix of technical j	argon and Fear,		ant Quarviaur					
-		Healt Soluti	h	R	Uncertainty, and Doubt			t Assessment Overview:			Likelihood		
	~ •	- Joint	10115	rugu		wobile wessa	aging Sol	ution*		LN	1L M	MH	H
Scope: Subsidiary Reported 11/2016 Description:						H H		1	1	1			
ISRM Jason Martin Security Assessor: Architect:		John Doe		rtable mobile/tablet application for su	,		M M		1 2	_			
Privacy		Jill Smith		gagement. Providers can access the sol members. Will require cloud computing		-	E ML						
Requestor: Business Owner Reviewer: Jill Smith prior			Jili Siniui	buene abb to Bi abo or		5		L					
Control Category		Finding	s 🔪 🗌	Risk		Suggested Mitigating Controls			5 Trea	tment	2017		
		<b>D.e Service</b> elivery Non-US citizen and non-clearance cloud vender person could access subsidiary's member information when providing backend data, application or process suppor		er information when	Poor legal standing in contracts, potential litigation or civil actions. (RSK-1787)		All employees working on the program must be US citizens with clearance.			and/o gove	not store r process rnment t PHI or PII.	Closed	
	2 01.v lr Access Restri		Data captured on devices and files uploaded to mobile app will stay in the cloud for 48 hours unencrypted before either transmitted or cleared off from storage.			allow nauthorized ability to read / view PHI/PII		Data-at-rest and files uploaded containing PII/PHI attributes should be encrypted using AES-256 strength encryption.		High	Rem	ediated	Closed
	3 10.m Vulne	rabilities	database system for customer data storage and encryption		Known security vulnerabilities (e.g. CVE-2013-1899) and lack of backward compatibility allow for less effective data protection. (RSK-1782)		Evidence that vendor is running on the newest supported version of Postgres.		Med-High	Rem	ediated	Closed	
	05.j Ri to Ext Partie		Cloud vendor has a global data center infrastructure; unclear if data will be stored on cloud servers located offshore.			Improper data handling can lead t data disclosures. (RSK-1786)	to unintentional	Request location be hosted at the L center(s) only.	JS data	Med-High	Rem	ediated	Closed
:		Sensitive m Isolation	System / file-level encryption performed at vendor lacks suitable key rotation policy.		Risks to the confidentiality, availability and integrity of corporate information and potential data related regulatory issues. (RSK-1783)		Request vendor's technical specifications and controls to ensure that data is properly wiped when requested.		Medium	no one fi has acc	rypted and om vendor ess to the tion keys		
	6 06.d E Proteo Privac	ction and	Data, application or process could be legally owned by the cloud service provider.		Non-compliance that can result in fines, censures, civil and legal liabilities. (RSK-1786)		Sub-contracts must reflect the same standard that is expected from Highmark to prevent unauthorized data disclosure s.		Medium	Reme	ediated:	Closed	
,		rivilege gement		yees uses cloud bas nternal file sharing.	ed file hosting service for	(RSK-1784) Not Decision Support, or Aligne						Closed	
	Illusion of communication; cannot compare												
	The 1.464		- de la trade a la	1	the state of the s	Constituent to a		cyber risk to other	busine	ss ri	sks		

Not Audience Centric:

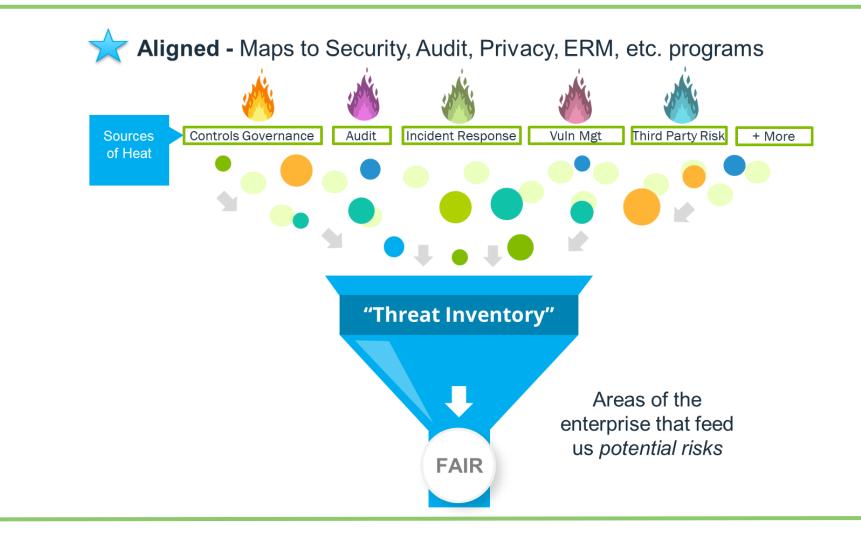


\* The information described in the preceding example has been compiled solely for illustrative purposes. The results depicted are NOT those from a risk assessment of a real organization.

## **Exception Management**



## **Challenges & Lessons Learned**





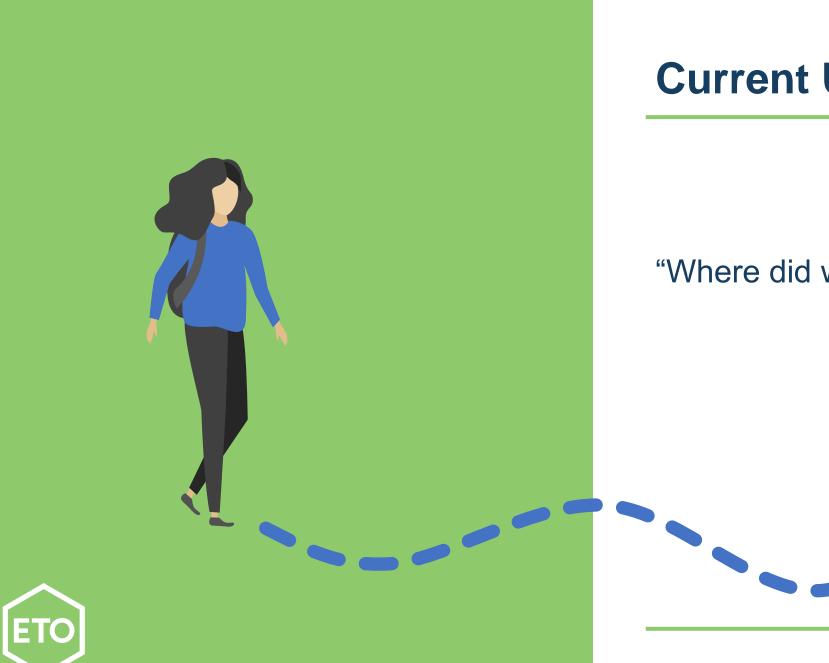
## **A Better Foundation**

#### Has its uses...

#### But is only a start



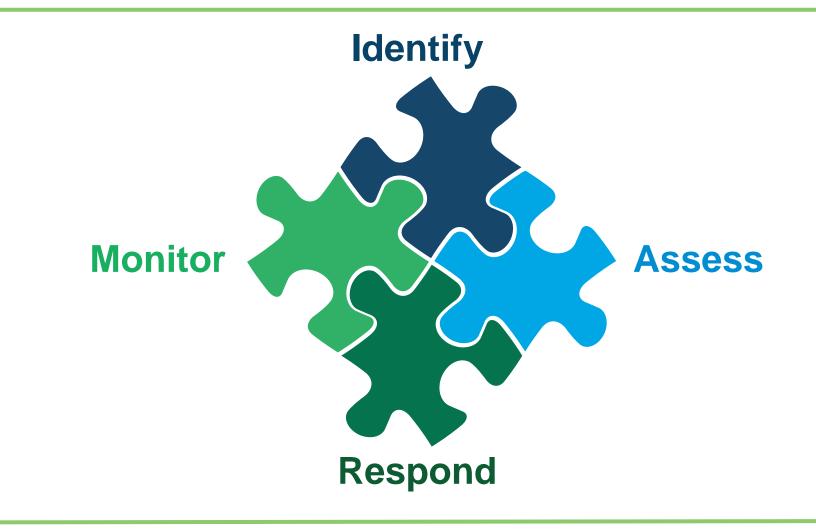
		Annualized	Loss Expo	osure Range		
Cyber Risk Theme	LOW	LOW - MED	MEDIUM	MED - HIGH	HIGH	
<b>Theme 1:</b> Description of the theme or category of aggregation						Bus. Unit 1 Bus. Unit 2
category of aggregation		[				Bus. Unit 3
Theme 2: Description of the theme or						Bus. Unit 1
category of aggregation					_	Bus. Unit 2
						Bus. Unit 3
Theme 3: Description of the theme or						Bus. Unit 1
category of aggregation						Bus. Unit 2 Bus. Unit 3
						Bus. Unit 5
Theme 4: Description of the theme or						Bus. Unit 1
category of aggregation						Bus. Unit 2
						Bus. Unit 3
Theme 5: Description of the theme or						Bus. Unit 1
category of aggregation						Bus. Unit 2
						Bus. Unit 3
There & Description of the there are	0					Bus. Unit 1
Theme 6: Description of the theme or category of aggregation						Bus. Unit 2
Category of aggregation						Bus. Unit 3



#### **Current Use Cases**

#### "Where did we go from there?"

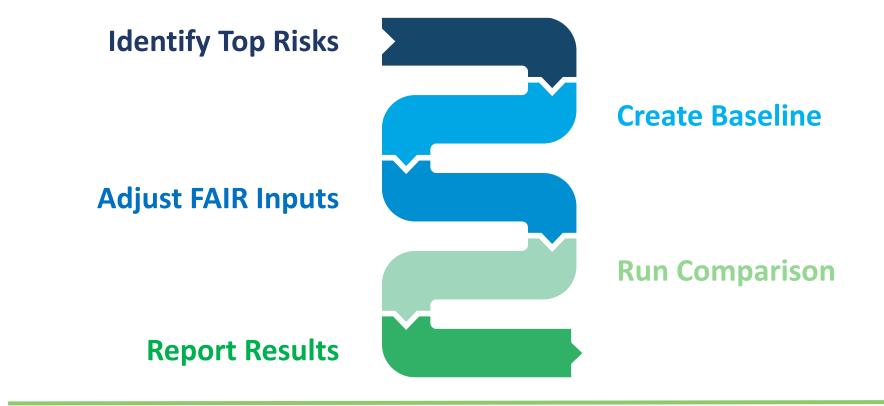
## What are we trying to do?





## **The Process**

Needs to be efficient and flexible





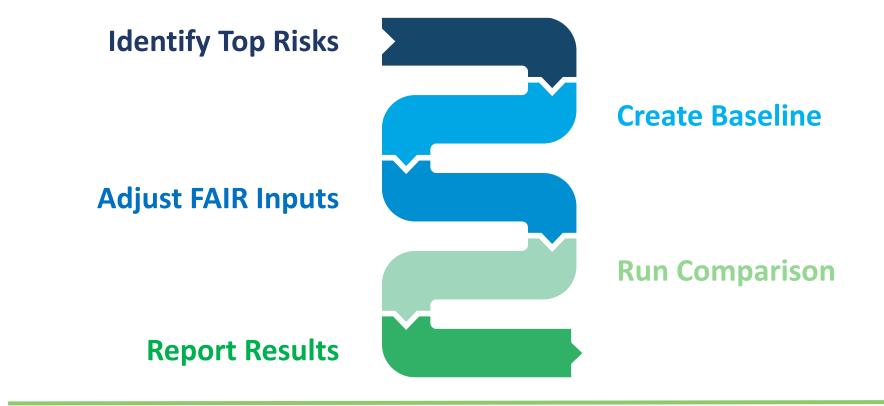
## **Using the Results**

Name	Description	Measurable Outcome	2021 Budget Request	Average ALE Reduction	ROI (per \$ Spent)
Project 1	Bastion Server for PHI DBases	95% of all privileged access using MFA	\$400,000	\$3,600,000	\$9.00
Project 2	ISP Provided DDoS protection	All DDoS traffic Blackholed within 5 mins	\$300,000	\$1,800,000	\$6.00
Project 3			\$400,000	\$1,900,000	\$4.75
Project 4			\$300,000	\$1,700,000	\$5.67
Project 5			\$600,000	\$1,800,000	\$3.00
Project 6			\$300,000	\$1,200,000	\$4.00

### Effective Comparisons Quick and Efficient

## **The Process**

Needs to be efficient and flexible







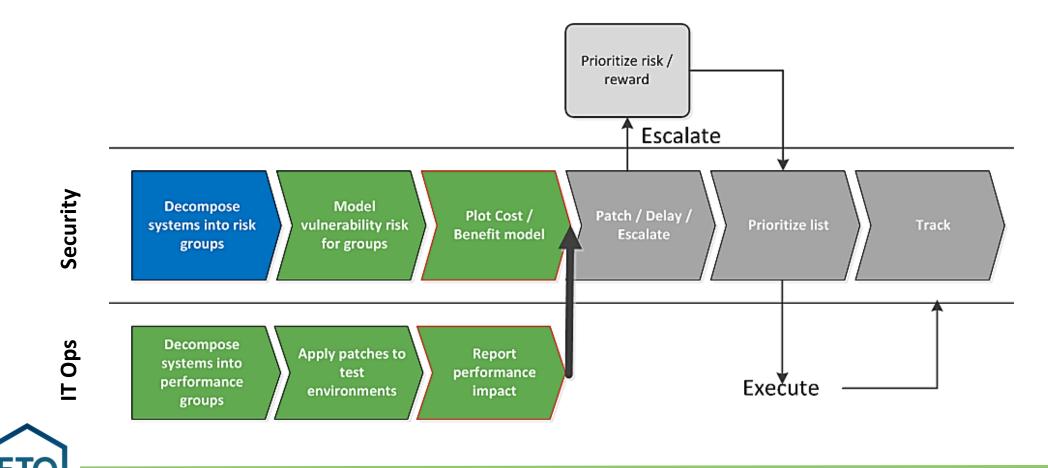
#### **Future Vision**

#### The Next Steps...



## **Vulnerability Governance**

Continuously performing infrastructure assessments to identify, define, quantify, categorize, communicate, and mitigate risks



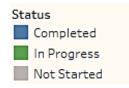
## **Vulnerability Governance**



(Risk Mitigated Through Patching)

Prioritized list of assets for patching

- 1. Workstations
- 2. DMZ Servers
- 3. Vendor Servers
- 4. Extranet
- 5. Medical Devices
- 6. Middleware
- 7. IT Lab Environments





Graph is not real data but for demonstrative purposes only until real data is collected.

## **Combining Frameworks and Approaches**

# HTRUST®

- Threat Catalog
- Controls Framework



- Scenario Scoping
- Loss Magnitude

#### An accurate and efficient understanding of cyber risk



## **Improving Budgeting**

#### Where we are:

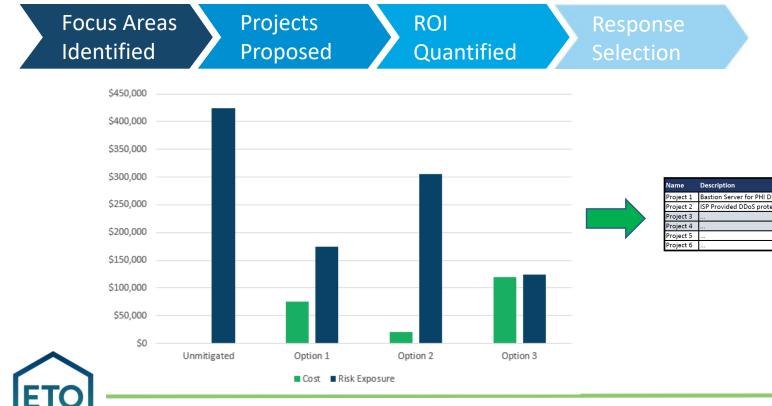


Name	Description	Measurable Outcome	2021 Budget Request	Average ALE Reduction	ROI (per \$ Spent)
Project 1	Bastion Server for PHI DBases	95% of all privileged access using MFA	\$400,000	\$3,600,000	\$9.00
Project 2	ISP Provided DDoS protection	All DDoS traffic Blackholed within 5 mins	\$300,000	\$1,800,000	\$6.00
Project 3			\$400,000	\$1,900,000	\$4.75
Project 4			\$300,000	\$1,700,000	\$5.67
Project 5			\$600,000	\$1,800,000	\$3.00
Project 6			\$300,000	\$1,200,000	\$4.00



## **Improving Budgeting**

## Where we are going:



Name	Description	Measurable Outcome	2021 Budget Request	Average ALE Reduction	ROI (per \$ Spent)
Project 1	Bastion Server for PHI DBases	95% of all privileged access using MFA	\$400,000	\$3,600,000	\$9.00
Project 2	ISP Provided DDoS protection	All DDoS traffic Blackholed within 5 mins	\$300,000	\$1,800,000	\$6.00
Project 3			\$400,000	\$1,900,000	\$4.75
Project 4			\$300,000	\$1,700,000	\$5.67
Project 5			\$600,000	\$1,800,000	\$3.00
Project 6			\$300,000	\$1,200,000	\$4.00



#### Where we started (Successes and challenges) Current use cases Improvements and additions to the program

#### **Final Questions?**





I IIGHMARK HEALTII